

A glowing white tree stands in the center of a dark, dense forest. The tree is illuminated from within, casting a bright light. In the background, a stone archway is visible, and several white birds are flying in the air. The overall atmosphere is mysterious and ethereal.

# 100 ROOT CAUSES OF DISEASE THAT DOCTORS HAVE NEVER HEARD OF

  
**HealthGlade**

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To recover from any disease, you must identify the root cause.

My favourite analogy is if you have an injured finger, it doesn't matter if you use the best medicines in the world, if you keep hitting the finger with a hammer, it will never have the opportunity to heal.

Illnesses and diseases in the human body work the same way. If something is the root cause, unless you eliminate it, you'll never be able to heal from your condition, no matter what medicine you take.

That is why this list of 100 overlooked root causes is so valuable.

The typical western doctor would be lucky to know a handful of these, and many of them will also be new to experienced natural health practitioners too.

This is quite an exhaustive list, and should cover almost all root causes of disease, giving you maximum chances at recovery.

- Phone Radiation
- Dental Infections
- Root Canals
- Caffeine and Coffee
- Microwave Ovens
- Aluminium Cookware
- Aluminium Foil
- Skin Whitening Creams
- Tanning Beds
- Wearing Bras
- Wearing Mixed Fabrics
- Parabens
- Synthetic Fragrances
- Air Fresheners
- Cleaning Chemicals
- Anti-Bacterial Soaps
- Toxic Beauty Products
- Geopathic Stress
- Internal Infections
- Overhead Power Lines
- Power Meter Radiation
- Phone Tower Radiation
- Western Medications
- Artificial Sweeteners
- Teeth Whiteners
- Birth Control Pills
- Blood Transfusions
- Anti-Perspirant Deodorants
- Plastic Food Containers
- Baby Wipes & Wet Wipes
- Mouthwashes
- Laundry Detergents
- Flame Retardants
- Swimming Pool Chemicals

- Sunscreens
- Tampons
- Smart Meters
- Solar Panels
- Electric and Hybrid Cars
- Wearable Technology
- Wi-Fi Internet
- Dirty Electricity
- AirPods
- Mercury Fillings
- Pesticides in Food
- Herbicides in Food
- Glyphosate in Food
- Mosquito and Bug Sprays
- Eating Nightshades
- Breast Implants
- Poor Posture and Sitting
- Using Masks
- Chemtrails
- Lack of Sunlight
- Mold Infections
- Bacterial Infections
- Parasite Infections
- Heavy Metals
- Carpets and Toxic Flooring
- Low Stomach Acid
- Slow Moving Colon
- Past Trauma
- Clogged Lymph Nodes
- Chlorine Water Bathing
- Never or Rarely Grounding
- Poor Air Quality
- Drinking Tap Water
- Negative Thoughts
- Hair Dyes
- Nail Polishes
- Energy Drinks
- Fluoride
- Low Fat Diets
- Vegan & Vegetarian Diets
- Plant-Based Meats
- Teflon Cookware
- Unfermented Soy Products
- Seed-Derived Cooking Oils
- Mesh Implants
- Tattoos
- Radiation from Electronics
- CFL and LED Light Bulbs
- Electric Blankets
- Radon Gas
- Touching Receipts
- Organ Transplants
- Organ Removal
- Vaccinations
- Nutrient Deficiency
- SIBO and Bad Gut Bacteria
- Impinged Nerves
- Antibiotic Use
- Shallow Breathing
- Unnatural Drinks
- Unnatural Foods
- Food Colors and Flavors
- Processed Meats
- Chemically Ripened Fruit
- Pasteurized Dairy
- GMO Foods
- Table Salt
- Sugar



The best way to use this list is to go through all 100 items, and see if they are relevant to you, and may be the cause of your health issues.

Don't dismiss anything too quickly, as you never know if it could be the root cause. For example, I once had a sick patient, and through some testing, we determined that he was getting sick from the geopathic stress under his house, because he lived on a water canal.

Who would have expected that?

If you are unfamiliar with the item, I would suggest doing a google search for it with the word dangers, and also searching on my website at [HealthGlade.com](https://www.healthglade.com) to see if there is an article on the topic.

You can also do the same searches to see what conditions are generally linked to the item in the list of 100.

For example, breast cancer is the by-product of a couple of items in the list, root canals, and [anti-perspirant deodorants](#).

Cancer and brain damage are known to be caused by [tattoos](#).

Insomnia often comes after consuming food laced with [insecticides](#).

Vaccines produce many issues in the human body, and are a proven cause of [scoliosis](#), and [erectile dysfunction](#).

In addition to these, the HealthGlade website also provides detailed evidence of many more examples where the root cause of a condition is one of the items in the list above.

Other examples include fluoride causing ADHD, plant-based foods causing organ shrinkage, allergy medications causing dementia, flame retardants causing infertility, and much more.

Plus, many of the items in the list are explored in greater detail, including receipts, blood transfusions, table salt, and organ removal.

So, use [HealthGlade.com](https://www.healthglade.com) as a resource to investigate all the potential 100 root causes in the list, as well as the [YouTube channel](#).